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MARIN
VILLAGES



Our Paths - Our Choices

Ross Valley Village

**Assisting Marin's older adults to remain active, connected
and independent in the place they call home**

December 2019 Newsletter

Thanking Lisa Brinkman for her leadership of Marin Villages

Dear Ross Valley Villagers,

It is with much sadness that I report to you that Lisa Brinkmann, Marin Villages' beloved and esteemed Executive Director, has decided to retire at the end of this year. I was the lucky one to hire Lisa seven-and-a-half years ago, and it has been a joy to watch her as she slowly but surely put Marin Villages on the map, growing it to be the strong, impactful and well thought of county-wide organization that it is today.

Bright, empathetic, thoughtful, focused, creative, FUN, dedicated, energetic – and much more – Lisa has been a joy to us all, as well as to the Village movement as a whole. Fortunately, Lisa will remain as a Marin Villages volunteer and also serve on the Advisory Council, so we shall not lose her completely.

All best wishes, dear friend. We shall keep in touch!

Loulie Sutro
Founder of Marin Villages

Ross Valley Villages Welcomes New Members and Volunteers and invites you to our events and meetings!

We are happy to welcome our newest member this month:

Joy Duff, Greenbrae

NEXT Ross Valley Villages steering committee meeting:

Thursday, January 9 10:00 am -12:00 pm

Join us as we visit and plan events for the spring. The best ideas come from our members!

Location: Call the office for location, directions and to RSVP.

It's the Holidays! Join us to celebrate the season!

Ross Valley and Twin Cities Annual Holiday Party

You're Invited!!

Monday, December 9, 1:00pm – 3:00pm

Location: St. John's Church Fireside Room, Ross

Join us for socializing, holiday lunch and the sweet sounds of the children's choir.

Let us know if you're coming to help with planning! You can rsvp at our website:

marinvillages.org or call the office at 415-457-4633.

Socialize, Move and Expand your Minds!

Ross Valley Seniors Holiday Party, Holiday Music and Sing Along with Dave Fromer

Thursday, December 5, 12:00 pm- 2:00pm

Where: Fairfax Women's Club, 46 Park Rd, Fairfax

Come socialize, enjoy the luncheon, and celebrate the holidays. Be sure to RSVP by calling 415-258-4669

Dance a la Moxie for Seniors

Tuesdays, 2-3:15 pm December-May 26, 2020

Where: Fairfax Pavilion Cost: FREE

A progressive, FUN total-body workout guaranteed to make you feel better, look better and be better! Discover the fun of dance through a variety of styles and movements. Regain your moxie! This class offers a unique way to get you moving, sweating and feeling really good about yourself.

Open to all levels of experience and all levels of physical ability. Wear comfortable clothing

to move in. We dance on cushioned, gymnastic carpet thanks to The Flying Dutchman Gymnastics program, so no shoes necessary!

Age-Friendly Forum – Building Your Social Strength: Family, Friends, Community
Friday, December 13, 1-2pm

Fairfax Library, 2907 Sir Francis Drake Blvd.

A strong social life is paramount to happiness and it's common as we age to need someone there for us, temporarily or ongoing. We also may want to offer our support and friendship to others. Bring your experiences, concerns and successes as we explore and strengthen our networks of social support.

If you would like to participate in any of the activities above and need transportation, please call the office at [415-457-4633](tel:415-457-4633) to arrange a ride.

Save the Date!

Civic Event Speaker Sunday with Ross Valley and Twin Cities Villages
Sunday, February 2, 2020

Where: Drake's Landing Community Room

A potluck lunch and socializing time with two speakers. Learn the latest information on how to stay safe in emergencies and fire-related situations. Learn about the March Marin ballot initiative to support the new Marin Wildfire Prevention Authority.

***The Ross Valley Steering Committee wishes you and your families
a lovely holiday season.***

We look forward to seeing you at our events this month and in 2020!

We encourage members and volunteers to bring guests to our events and activities -- help spread the word and grow our Village! If you need a ride to an event, please call Marin Village at [415-457-4633](tel:415-457-4633) at least four days in advance of the event. Also, check out marinvillages.org to view the wide variety of Village activities throughout Marin that are available to you as Village members and/or volunteers.

Please always check out the events page on the [Ross Valley Village website](#) as sometime the times of events change after the publication of the monthly newsletter.



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