



Ross Valley Village

December 2018 Newsletter

Serving the communities of Fairfax, Greenbrae, Kentfield,
Ross and San Anselmo

Ross Valley Villages Transportation Services Getting around town for practical reasons and for fun

In our November meeting the steering committee discussed the benefits of our transportation services to members. Some members request transportation frequently if they do not drive and some members request transportation temporarily when they are recovering from a surgery or fall. We began to list the many places we have driven our members: doctor's appointments, hair salons, blue grass concerts, to work, to Marin Villages events, to friends' homes, to the grocery store and many other places. There are so many more reasons to use Ross Valley Village for your transportation needs than checking off your list of daily appointments and tasks.

Having broken my leg and had surgery in August, I have been unable to walk without help or crutches and knee scooters and I have been unable to drive till this week. I have had the pleasure of meeting so many interesting people who have driven me all over town for work or other daily tasks. Having been alone at home for many days, I have been grateful for the conversations and the fascinating people I have met. By being able to get to the hair salon, I have been able to feel so much better.

When I made it to this month's committee meeting, I was so happy to be focusing on the needs of Ross Valley Village, rather than my own. Without the drivers who came to my door, I would never have been able to get out and socialize or see friends or get my dog to the vet for an important appointment or see a movie.

Ross Valley Village is here to take you to the places where you have fun, where you are cared for, where you fill your pantry and where you can see your friends. Please call the office and request a ride today. Request a ride to our holiday party and come meet some of our many new members. Our volunteers sign up to drive because they enjoy meeting Marin Villages members and enjoy getting you to the places you want and need to go. They know that one day, like me, they will need a ride too.

Sara Robinson, Steering committee member

**Ross Valley Village will not be having a steering committee meeting in December.
Next meeting will be January 10. Location TBD**

Please come to our Holiday Party and Children's music concert:

Ross Valley and Twin Cities Holiday Gathering and Children's Sing-a-Long

Monday December 10, 11:00- 1:00pm

St. John's Church, 14 Lagunitas Rd. Ross

Come share some holiday cheer, music, a light lunch, wine and holiday desserts. RSVP to the office at 415-457-4633!

What's Happening in Ross Valley Villages

If you would like to participate in any of the activities below and need transportation, please call the office at 415-457-4633 to arrange a ride.

Table for 8 – Our October Lunch at Jason's

As you can see in the picture, we had more than 8 people attend our monthly luncheon!

Stay tuned, this event for members will be renamed and lunch fee will be \$20 per person moving forward.

There will be no December event. January date and location to be announced.



Breakfast with friends at Fairfax Cafe

**Wednesday, December 19, 9:30 to 10:30 am-3rd Wednesday
33 Broadway, Fairfax**

Join us for our informal monthly social hour over coffee and breakfast (you cover the cost). Make new friends and keep the old--bring your neighbor, friend, a family member or show up on your own! A joint event by Age Friendly Fairfax and Ross Valley Village

Ask an Expert:

Friday, December 21 12:30-1 pm

Fairfax Library, 2097 Sir Francis Drake Blvd.

Meet one-on-one if you have concerns or questions about resources for older adults in Fairfax and Marin. Stay for the Fairfax Forum right after. See below.

Age Friendly Fairfax Forum: "Handling Life's Emotional Ups and Downs"

Friday, November 16 1:00-2:00 pm

Fairfax Library 2097 Sir Frances Drake Blvd.

Enjoying and feeling at ease with life, and also experiencing loneliness and depression are common at all ages. But aging brings its own special challenges and advantages. What specific tools or resources can help us with these ups and downs of living? Join our conversation with a clinical therapist to consider making the most of our feelings and experiences.

A few of the holiday offerings around town- call another member or friend and get a ride!

Holiday Choral Concert by Candlelight-Marin Symphony Chamber Chorus and Brass Octet

Sunday Dec. 2, 4pm

Church of Saint Raphael, 5th and A St. San Rafael

Festival of Lights At Osher Marin Jewish Community Center

Sunday, December 2, 11:30 am-2 pm

Osher Marin JCC, 200 North San Pedro Road, San Rafael 94903.

The Osher Marin JCC celebrates Hanukkah early with their Festival of Lights on Sunday, December 2! This fun and free family party features live music, a glow in the dark dance party, delicious food, an artisan marketplace, children's activities. The fitness and aquatics center will offer free admission all day, too!

Marin County Menorah Lighting, Tiburon

Thursday, December 6, 6–6:20 pm

Light the candles of the menorah and celebrate with music singing and treats with Cantor Marsha Attie, Senior Rabbi Jonathan Singer, and members of Congregation Emanu-El. Location: Tiburon Fountain Plaza (across from Servino Restaurant), 9 Main Street, Tiburon 94920

Marin Oratorio All Schubert Program at College of Marin

Sunday Dec 16, 3pm

James Dunn Theater, Kentfield Campus

Around the Villages

Marin County Commission on Aging

December 6 10-11am

Marin Valley Mobile Country Club, 100 Marin Valley Drive, Novato

“2018 Legislative Update with California Senator Mike McGuire” Come gain a better understanding of current issues in Senate District 2 and the State and hear Senator McGuire’s vision.

Mill Valley Village Coffee at Sweetwater

Wednesday, December 12 11-12:30 19 Corte Madera Ave. Mill Valley Village

Just show up and have a coffee and conversation with our Mill Valley Village Members.

Corte Madera One Warm Coat Drive

December 1 thru Dec 20 between 7:30am-4pm

Donate a new or gently used coat to a person in need. Bring donations to Corte Madera Community Center.

Save the Dates

New Ross Valley Villages Members Coffee

Monday, January 14, at the home of Loraine Berry in Ross

Call the office to arrange for a ride!

Marin Nostalgia Lunch and Lecture at Jason’s for all Village Members

sponsored by Ross Valley and Twin Cities Villages

Saturday March 2 - 10:00-3:30

Enjoy your friends over a buffet lunch and listen to local historian and real estate agent Jason Lewis share stories and answer your questions about the history of Marin.

Visit Jason’s website: www.MarinNostalgia.com, Marin's first "grass roots" history website featuring Marin photos from the 1950s to the 1980s as well as interviews with Marin luminaries.

MarinNostalgia was given a "Best of the Bay" award by a local magazine and has been featured in the Marin Independent Journal and Pacific Sun.