



# MARIN VILLAGES

Assisting Marin's older adults to remain active, connected and independent in the place they call home

## Marin Villages 10th Anniversary News!

A huge "thank you" to our 10th Anniversary Sponsors! To date, the following individuals and organizations have stepped up to show their support of Marin Villages. Their generosity will help ensure Marin Villages is on good footing for another 10 years of service, fun and friendships. Look for more sponsors in the months to come!

### Gold Sponsors - \$2500



**Matt Masson, SRES**  
Seniors Real Estate Specialist  
Coldwell Banker Residential Brokerage \*

### Silver Sponsors - \$1500

**BNY Mellon Wealth Management**

**Tina McArthur and Victoria Love**  
**McArthur Love Team**  
Compass Realty

**Roof, Eidam and Maycock LLC**

\* Matt Masson donates a percentage of the commission from sales referred by Village members/volunteers to Marin Villages.

\*\* In conjunction with our "10 for 10" anniversary activities and events, we are looking for individuals, businesses and organizations that would like to show their support as a 10th Anniversary Marin Villages Sponsor. Please contact the office if you would like more information on how to become a sponsor - 415-457-4633 or [Click here for more information regarding our sponsorship levels](#)

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## The Spring Solicitation Campaign has Begun!



Twice a year, Marin Villages launches its fundraising campaigns to build the financial resources that allow us to keep fees low, provide personalized services and offer local, fun activities and programs. This year our Board has announced a \$10,000 match, doubling all contributions dollar for dollar.

Help us reach this match. Please consider donating and supporting us in our mission to empower older adults to stay active, connect and independent in the place they call home.

[Click here to donate online!](#)

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### Mark your calendars

We hope you will be able to join us at one of the many events celebrating our 10th year. To register, just click on the links below:

June 1 - [Poems from the Heart](#) - a Marin Villages' Intergenerational Poetry Reading

June 29 - [Soil and Health: Getting Dirty is Good at Any Age](#) with Soil Scientist Stephen Andrews

July 12 - [Dinner with a Legend](#) - Artist Georgette London Owens, in Conversation.

August 24 - [A Blank Canvas, a Little Wine and Thou](#), Sip and Paint event

September 8 - 10th Anniversary Member and Volunteer Appreciation Party

October 26 - [Lighting Up October](#) - an Indian Dinner celebrating Diwali Festival

November 17 -  
Celebrate Marin Villages 10th Anniversary with Comedian Josh Kornbluth

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## Director's Corner

...lot's going on! Summer is finally here with activities abound. I'm off for a short vacation to Kentucky to visit with friends.

It's not as exotic or exciting maybe as viewing the castles of Europe or climbing the peaks of Patagonia, but an afternoon at Churchill Downs and a visit (or two) to a bourbon distillery might just be what the doctor ordered.

I'll be spending the time seeing new things, checking off a few bucket list activities, but most importantly hanging out with longtime friends.

It's really amazing, how therapeutic and energizing a day with a buddy can be. I often forget how much fun and laughter recalling old memories are - and making new ones can be. As we venture further into the world of technology, social media and artificial intelligence, it's nice to take a moment (or few days) to just spend time with others and rekindle old ties.

See you in a week and in the meantime, check out the many events and activities. They should be fun!

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### Welcome to our newest members

### Hello to our newest volunteers

**Mill Valley Village:**

Jackie Weller  
Karen Wilson  
Marilyn Draper  
Marilyn Wedner  
Stevan Olian

**Novato Village:**

Sandi Bowman

**Twin Cities Village:**

Janice White  
Richard Kalish

**Mill Village Valley:**

Dave Feiferis  
Hugh Kuhn

**Ross Valley Village:**

Diana Tran Wang  
Helen Hayes  
Jane Klinger  
Teri Dowling

**Novato Village:**

Teri Hayes  
Tom Nelson

**San Rafael Village:**

Keli Honsberger

**Tiburon Peninsula Village:**

Sherry Farhang

### In Memory

Please keep the following member who passed away in April in your thoughts:



**Mill Valley Village:** Gordon Smith

**San Rafael Village:** Sharon Greer

### Events "Around the Villages"

Below is a glimpse of activities happening in our many local villages. For a complete listing of all of our events, please see our website calendar at [www.marinvillages.org](http://www.marinvillages.org)

**Poems from the Heart: Voices Across Generations****Saturday, June 1st, 2:00 - 4:00**

Town Center Community Room - Suite 201  
770 Tamalpais Drive, Corte Madera

At this unique intergenerational event, poets ages 7 through 70 will read their original poems. As an extra treat, former Marin Poet Laureates, Prartho Sereno and Rebecca Foust, will read. Sign up at the event for an Open Mic reading after the formal presentation. Read a poem of your own, a poem that you love, or lead us in a song. Bring your friends and neighbors of all ages. You can call the office to register at 415-457-4633 or [online at marinvillages.org](http://online.at.marinvillages.org). A \$20 donation is suggested.

**Susan Gantner - Works on Display**  
**Reception on Sunday, June 2nd, 3 - 5:00pm**  
Homestead Valley Community Center  
315 Montford Avenue, Mill Valley

A wonderful new exhibition of artwork opened last week at the Homestead Valley Community Center. Mill Valley Village member Susan Gantner is a Homestead Valley resident, whose long career as an artist and educator has yielded a diverse body of work. Her work is the focus of this exhibition that will be open through the summer.



Susan founded the Creative Workshop, an after school art program that provided early art education and exploration opportunities to Children in San Francisco for over ten years in the 1970's. Many local architects, designers and artists credit this initial introduction to the creative arts as the early inspiration for their life long passions and professions.

Susan illustrated numerous children's books, some of which were published worldwide, including the Sophie and Jack series, translated into four languages. Susan went on to found Jordan Press, a print and greeting card company whose designs are well known and widely distributed.

**Age Friendly Speaker Series Twin Cities Villages "All About ClearCaption Telephones"**  
**Wednesday, June 19 11:00 am -12:30 pm**  
Where: Corte Madera Intergenerational Center  
498 Tamalpais Drive, Corte Madera

You love reading the captions on your television. Similar to captioned television, ClearCaptions allows you to read real-time written captions of what callers say on a revolutionary home phone, your mobile device, or your computer.

Please join our local ClearCaptions phone specialist for fun and conversation. He will be discussing how you can receive a FREE caption phone if you struggle with any form of hearing loss. *Presenter: Stan Dennison, Title IV ADA Specialist.*

**Marin Villages GREAT BOOKS GROUP**  
**When: Wednesday, June 26, 12:30-2:30pm**  
Where:  
Ginni Saunders' home

We are now reading Great Conversation 2 from the Great Books Foundation. It can be purchased from the Great Books Foundation or Amazon. Selected readings will be decided at the meeting. New members welcome! Call the office for Ginni's contact info!

**Let's Play Bocce**  
**Friday, June 28 12:00 noon - 2:00 p.m.**  
Where: Albert Park, San Rafael Bocce Courts, 550 B St, San Rafael



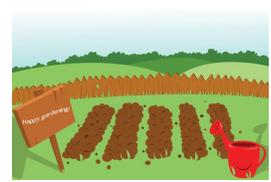
Let's play! Newcomers and 'ringers' welcome. This is open to all bocce ball enthusiasts. Call the office to let us know you're coming or just show up!

## Soils and Health: Getting Dirty is Good at Any Age

Saturday, June 29th, 10:00 - 12:00 (noon)

Jason's Community Room

300 Drake's Landing, Greenbrae



Stephen Andrews will give a talk entitled: "Soils and Health: Getting Dirty is Good at Any Age" In his talk, Stephen will address the importance of soil microbes to human health and wellness.

Stephen is a soil scientist, educator, and natural resources consultant. Known variously throughout the Bay Area as the Dirt Dude, Soil Sommelier, and Compost Crusader, Stephen has been indoctrinating classes of UCCE Master Gardeners, landscape and gardening professionals, and UC Berkeley students with his mantras of "compost, compost, compost" and "mulch, mulch, mulch" for more than two decades. After attending a talk given by Stephen, you'll have a new appreciation for the ground beneath your feet.

A \$30 donation to Marin Villages is being requested to attend this event.

To purchase a ticket and RSVP, call the office at 415-457-4633 or [click here](#).

## Dinner with a Legend - Artist Georgette Owens in Conversation

Friday, July 12th, 5:30 - 9:00pm

Home of Cherie Sorokin, Tiburon

Join us in a conversation with legendary artist and Marin Villages' member, Georgette Owens. At age 98, one might say this astonishing woman has lived a multitude of lives. Her careers have straddled many spheres: she's a force in the world of art, an artist who achieved many honors, including a lifetime achievement award from World Contemporary Art '98.

She has also been a decorator and renovation consultant for the St. Regis and Cartier and a jewelry designer. Her career has connected her to the likes of Salvador Dali, Andy Warhol, Jean Cocteau, Colette, Jackie Kennedy, Cartier, Rex Harrison, Daryl Zanuck and New York Mayor John Lindsey, to name just a few.

This intimate event will be facilitated by Suzie Pollak, a recipient of Marin's "Cultural Treasure" Award.

This event is limited so sign up early. A \$75 donation to Marin Villages is being requested to attend this event (\$50 is tax deductible).

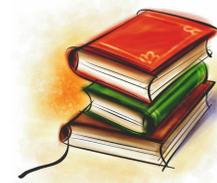
To purchase a ticket and RSVP, call the office at 415-457-4633 [or click here](#).

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### Reading Corner

If you have articles that you feel might be of interest to other members and volunteers, please feel free to send them to us This month we found a wealth of information through NextAvenue.org



### Health

[CalFresh expansion to SSI/SSP recipients \(Marin County press release\)](#)

[Can we live longer but stay younger? \(New Yorker\)](#)

[The lesser known symptoms of depression \(Next Avenue.com\)](#)

[How exercise affects our memory \(NY Times\)](#)

### **Technology**

[Safety Technologies for Adults with Alzheimer's Disease \(Sunrise Sr. Living\)](#)

[Are we leaving older adults out of the digital world? \(TechCrunch\)](#)

### **Topics of Interest**

[The Great Age \(Marin County Commission on Aging\)](#)

[Graying California: Profiles of Aging in California \(Graying California\)](#)

[Going to Extremes: Homicides among the elderly \(Harper's\)](#)

[Need a quick way to relax and de-stress \(Kaiser Permanente\)](#)

[Invest in Your Relationships. The payoff is immense \(NY Times\)](#)

### **Fun**

[The Ultimate North and East Bay Activity Guide \(Coldwell Banker/Matt Masson\)](#)

[Happy Ever After: 25 ways to live well into old age \(The Guardian\)](#)

### **Finance**

[The Huge Tax Break Retirees Might Not Know About \(Barron's\)](#)

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## **Attention Marin Villages Volunteers!**

**Special Workshop in partnership with  
Sausalito Village and the Aging Action Initiative**

### **Detect and Connect**

Join us for this special and free workshop that focuses on detecting behaviors in older adults that might reflect mental health or dementia issues, and how to compassionately respond and connect them to resources.

This workshop was created by members of the Marin Aging Action Initiatives' mental Health and Dementia Workgroup and has been tailored into a 2-hour training program, specifically for Marin Villages and Sausalito Village volunteers and staff.

We will offer two of these workshops - one in Sausalito on July 23rd and the other in the Fall (TBD) at the Marin Villages' conference room.

**When: July 23, 2019 10:00 - 12:00**

**Where: Sausalito City Hall, Edgewater Room  
420 Litho St., Sausalito**

**[Register by clicking here!](#)**

For more information, [click here for a flyer](#).

## Have you seen our new Ad?



Enrich Your Life with Marin Villages,  
a local nonprofit empowering older adults  
to stay active, connected and independent  
in the place they call home.

415-457-4633 · [marinvillages.org](http://marinvillages.org) · Est. 2009



Special thanks to Linda Wegman, who has been creating much of the artwork we are using for our 10th Anniversary events and marketing collateral!!

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## Around Town

### Gay Day @ Mountain Play Sunday, June 2

Join the Marin LGBTQ Social Club for the production of "Grease". [Click here](#) for more information.

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## Lend a hand, volunteer!

We are always looking for new volunteers and have different opportunities available for all volunteers. If you know anyone who might be interested, please forward this to them. If you have interest in any of the immediate opportunities below, let us know!!

**We**  **V**olunteers!

 Like us on Facebook