



San Rafael Village

August 2019 Newsletter

2019 AUGUST

CALENDAR YEAR CALENDAR MONTH

SUNDAY

FIRST DAY OF WEEK

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	01 Dealing with Loss 2:00	02	03
04	05 Spiders of Marin 10:30 Book Chat 2:00	06	07 First Wednesday Coffee - 2:00	08	09 Women's Support Group 10:00 Program Committee 1:30	10
11 Movie Group 4:00	12	13	14 Membership/ Volunteer Committee 1:30	15	16 Steering Committee 1:30	17
18	19	20	21	22 Villages Book Club 12:30	23	24 Marin Villages 10th Anniversary - Sip and Paint 3:00
25	26	27 Lunch Out! 12:30	28 Great Books Group 1:00 Happy Hour 3:30	29	30 Memoir Writing Group 2:00	31
01 Shakespeare at Dominican 4:00	02	03	04	05	06	07

Information on San Rafael Village Events for August 2019

Thursday, August 1 2:00PM DEALING WITH LOSS

San Rafael Village is expanding its End of Life support and explorations through Dealing with Loss, a six-session support group coming together once a month. This intimate exchange of like spirited people ready for deep personal sharing, support and learning new tools will be facilitated by Jackie Hewitt, who brings more than two decades of grief support to the group. It is a forum to share, support, and encourage each other as we move through one of life's greatest challenges. This group meets on the first Thursday of each month. Space is limited.

Contact Jackie Hewitt at jackiejoyous@gmail.com or 707-849-9786 to answer any questions.

Monday, August 5 10:30AM -12:00 **SPIDERS OF MARIN**

Much maligned, spiders often elicit a negative reaction but there's no reason to fear our local species and many reasons to appreciate them. Learn what makes these animals so interesting; their important role in ecosystems, the different properties of silk and how it's employed and the various strategies that spiders use to find a mate, catch prey, and avoid becoming prey themselves. Join other San Rafael Villagers at this always interesting and informative Marin County Park Ranger lecture.

Location: Corte Madera Library, 707 Meadowsweet Dr. Directions: From 101 in Corte Madera, take the exit for Tamalpais Drive west. Turn left onto Madera Blvd. and turn left on Meadowsweet Drive. Library is on the right. To carpool or arrange a ride contact Ginni Saunders at ginnisaunders@gmail.com or 415-492-1064.

Monday, August 5 2:00 – 4:00 **BOOK CHAT**

Book Chat is a gathering to chat about books we have read, enjoyed/or not, with comments and discussion. We do not all read the same book and it is not necessary to have read anything recently. We sometimes exchange books or pass them on through members to the greater reading public, with our individual recommendations. We meet on the first Monday of each month. The meeting will be at Val Stilson's home, 205 Sylvia Way, San Rafael. This group is open to members, volunteers and friends. We look forward to enjoying your company. Please RSVP to Val at valerie.stilson@sbcglobal.net or call 415-479-1439 or Harriet at 415-479-7010.

Wednesday, August 7 2:00PM **FIRST WEDNESDAY COFFEE**

This gathering is always fun and lively. Join friends from San Rafael Village and bring a friend or neighbor. This month's hostess is Donna Posard, 6 Dogwood Court, San Rafael. From US 101, take the San Pedro Road West west exit. Turn right onto Sequoia Rd, right on Boxwood Dr, then left onto Dogwood Court. Questions: Contact Joy Bloom at 415-492-8443 or joy@ejbloom.com

Friday, August 9 10:00-12:00PM **WOMEN'S SUPPORT GROUP**

Donna Posard, a San Rafael Village member, is facilitating this group, which will consist of no more than 10 San Rafael Village women. She has led support groups for several decades. Each participant will be expected to attend monthly meetings. Each meeting will be on a different topic and suggestions are welcome. **THIS GROUP IS FULL AT THIS TIME**

Friday, August 9 1:30PM **PROGRAM COMMITTEE**

Help us plan and implement the many social events and programs offered by San Rafael Village. Contact Carole Sherick at 415-479-0930 or csherick@gmail.com for more information.

Monday, August 12 at approx. 4:00PM **MOVIE GROUP**

We meet for late afternoon movie and dinner. On the Thursday before the second Monday of each month (our monthly movie date), those Villagers on the movie-goers list will receive notice of which movie has been selected. If interested in becoming part of this group and receiving monthly notices, contact Joan Hartwell at joanjh@aol.com or 415-479-9101.

Wednesday, August 14 1:00PM **MEMBERSHIP/VOLUNTEER COMMITTEE**

Help us recruit new members and volunteers. Contact Jane Solomons at 415-492-8041 or cartersolo@comcast.net for more information.

Friday, August 16 1:30PM **STEERING COMMITTEE**

Are you interested in helping guide and further develop San Rafael Village? Do you have organizational and administrative skill you can contribute to the Steering Committee? If so, please contact Sparkie Spaeth at oksparkie@aol.com or 415-250-3172.

Thursday, August 22 12:30PM **VILLAGES BOOK CLUB**

This Club meets on the fourth Thursday of each month at the home of Karen Gray. All members and volunteers are welcome to join us. The book we will be discussing is "The Girls in the Picture" by Melanie Benjamin. This is the exciting story of women's participation in the early years of the film industry. We are an easy-going group who enjoys good discussion and welcome all readers. If you have questions or interest, please call Karen at 715-403-3345.

Tuesday, August 27 12:30PM **LUNCH OUT!**

We will meet for our monthly Lunch Out! this month at Aurora Ristorante Italiano (Aurora Restaurant), 8 Commercial Blvd., Novato (Bel Marin Keyes area). This restaurant is a neighborhood gem with a relaxing atmosphere, great food, and a lovely umbrella covered patio. There is a parking area alongside the restaurant and on the street and a handicapped entrance. Hope to see you there. Lunch Out is a tasty, friendly way to introduce new people to our group. Hope to see you there! For questions and to RSVP, contact Valerie Stilson at 415-479-1439 or valerie.stilson@sbcglobal.net

Wednesday, August 28 3:30PM -5:30PM **HAPPY HOUR!**

It's Happy Hour time again! Join us and bring a friend or neighbor to the Range Café Bar and Grill at Peacock Gap Golf Club, 337 Biscayne Drive, San Rafael. We will enjoy light appetizers, drinks and friendly conversation on the lovely patio overlooking the golf course. Questions? Contact Carole at 415-479-0930 or csherick@gmail.com

Wednesday, August 28 10:00AM **A WALK WITH OUR DOGS**
CANCELLED THIS MONTH

Wednesday, August 28 1:00PM-3:00PM **GREAT BOOKS GROUP**

Great Books Club will meet on the fourth Wednesday of each month from 12:30 – 2:00PM at the home of Ginni Saunders. We are reading selections from Great Books Conversations 2.

If you have questions, please email Ginni Saunders at ginnisaunders@gmail.com.

Friday, August 30 2:00PM **MEMOIR WRITING GROUP**

Susan Mines facilitates our Memoir Writing Group. This group has been meeting monthly for over 2 years and welcomes new members. Contact Susan at souzele@comcast.net or 415-479-0351 for more information.

Sunday, Sept 1ST 4:00PM **SHAKESPEARE AT DOMINICAN**

Limited free tickets! Look for announcement for more information

Information on Upcoming Marin Village Events

10 Years Together: Member and Volunteer Appreciation Party

September 8th 3:00-5:00

Jason's Community Room, Greenbrae

[Click here to sign up](#) or call the office at 415-457-4633

Join us in celebrating the members and volunteers who have made Marin Villages' the vibrant community it has become. We will be marking our 10th Anniversary milestone and would like to thank those who have made it 'happen.' Members, volunteers and guests are welcome.

Sip and Paint – August 24 – 3:00 to 6:00 p.m.

Wine and Design Studio, 874 4th Street, Suite 1 San Rafael

[Click here to sign up](#) or call the office at 415-457-4633

At this Sip and Paint event, you will be part of the private party for Marin Villages, where you will create memories and a beautiful original painting of Mt. Tam with California Native Wildflowers! It is a fun painting class for all experience levels. Come alone or bring your friends and enjoy wine and small bites while you create your art masterpiece. At the Wine & Design Studio, everything will be provided for you – a canvas with a printed outline sketch of the painting, all supplies, along with a local artist guiding you through the evening, stroke by stroke. Tickets are \$75/each. (\$40 of this ticket will be tax-deductible)



Driving No More - August 21 - 10:30 - noon

Northgate Mall Conference Room, 5800 Northgate San Rafael

[Click here to sign up](#) or call the office at 415-457-4633

This workshop is designed to help us understand the loss associated with giving up those car keys and how to prepare for the challenges ahead. Member, Bronni Galin, will lead a discussion on handing over the keys and how she has managed through the maze of services. Marin Transit's Travel Navigators will review the various programs available and the criteria for eligibility.