



Twin Cities Village

August 2019 Newsletter

Serving the communities of Corte Madera and Larkspur

What's Happening in Twin Cities Village

Have you seen our new website? Go to marinvillages.org and check out the Twin Cities section of the site. We will begin posting pictures from our events – so bring a camera!!

Welcome to our newest volunteer: Maxine (Max) Lampert!

Activities Overview

(details on next pages)

Village Men's Group	Wednesday, August 7 & 21
Age Friendly Speaker Series - "Drive as we Age"	Wednesday, August 21
Marin Villages' – Driving No More	Wednesday, August 22
Let's Play Bocce	Friday, August 23
Twin Cities Village Steering Committee meeting	Monday, August 26
Happy Hour at the Left Bank	Tuesday, August 27

Other Activities celebrating Marin Villages' 10th Anniversary

A Blank Canvas, a Little Wine, and Thou (a "sip and paint" event)	Saturday, August 24
10 Years Together – Marin Villages' Member and Volunteer Appreciation Party	Sunday, September 8

Upcoming Activities and Events

Village Men's Group

Wednesday, August 7 & 21 11:00 a.m.

Where: Sweetwater Music Café, Mill Valley

We are joining the Mill Valley Village's Men's Group and encourage you, whether a volunteer or a member, to come join us. It is an informal gathering with no agenda beyond the company of friends. Contact Marcus Byruck (617-763-1697 or marcusbyruck@gmail.com) or David Cardenas (transitionssupport@gmail.com) to get more info.

Marin Villages Volunteer Training

Tuesday, August 20, 11am-12:30pm

Marin Villages Office, 4340 Redwood Highway Suite F-142, San Rafael, CA

Contact Diane Castro, 415-457-4633, Marin Villages Office

Volunteer Training - for new volunteers, those thinking of volunteering, and volunteers needing a reminder class. Contact Diane Castro, 415-457-4633, Marin Villages Office to sign up.

Age Friendly Speaker Series Twin Cities Villages – Driving as we Age

Wednesday, August 21 11:00 am -12:30 pm

Where: Corte Madera Intergenerational Center

498 Tamalpais Drive, Corte Madera

Worried about your driver's license renewal? Wondering if you should still be driving? Many people value driving as a mark of independence. The rules of the road and your hearing, vision and reaction time have changed since you learned to drive.

Learn how to tune up your driving skills and get helpful hints to pass the license renewal exam. This presentation by Jerrod Sieberg, Senior Driver Ombudsman, will provide valuable information and help you continue to maintain your driving privilege as long as you are safe to do so.

Marin Villages Presentation – Driving No More

Wednesday, August 21, 10:30am-noon

Northgate Mall Conference Room, 5800 Northgate San Rafael, CA

Link to register: [Driving No More](#) or call 415-457-4633, Marin Villages Office

Discussion and workshop on preparing for and managing with the challenges of giving up the car keys, facilitated by member, Bronni Galin, with information from Marin Transit's Travel Navigators.

- Have you thought about giving up the keys to your car? Are you feeling isolated, unable to drive? Do you know of the services and programs available around Marin?
- This workshop is designed to help us understand the loss associated with giving up those car keys and how to prepare for the challenges ahead. Member, Bronni Galin, will lead a discussion on handing over the keys and how she has managed through the maze of services.
- Marin Transit's Travel Navigators will review the various programs available and the criteria for eligibility.

Directions to the Northgate Conference Center: Park in the Northgate Shopping Mall, near the Theater and Food Court. Enter the Food Court area and take an immediate right. There are elevators to the second floor, where we will meet.

Let's Play Bocce

Friday, August 23 12:00 noon – 2:00 p.m.

Where: Albert Park, San Rafael Bocce Courts, 550 B St, San Rafael

Let's play! Newcomers and 'ringers' welcome. This is open to all bocce ball enthusiasts.



Twin Cities Village – Steering Committee meeting

Monday, August 26 10:30 a.m. – 12:00 p.m.

Where: Larkspur Recreation Center, 240 Doherty Dr.
(furthest back building)

Are you interested in meeting new people? Do you like to organize programs and events? We'd love to have you on our steering committee. Come by and see what we're planning.

Happy Hour at Left Bank Brasserie

Tuesday, August 27 3:00 p.m. - 5:00 p.m.

Where: Left Bank Brasserie, 507 Magnolia Ave., Larkspur

Come join us for conversation, snacks and beverages. This is a great time to connect with other Villagers and make new friends! Everyone is welcome!



Marin Villages 10th Anniversary events

Check our website at marinvillages.org for more details!

SIP AND PAINT – “A BLANK CANVAS, A LITTLE WINE AND THOU”

Saturday, August 24 3:00 – 6:00

Wine and Design Studio, 874 4th Street, Suite 1. San Rafael

At this Sip and Paint fundraising event, you will be part of the private party for Marin Villages, where you will create memories and masterpieces! It is a fun painting class for all experience levels.



Come alone or bring your friends and enjoy wine and small bites while you create your art masterpiece. At the Wine & Design studio, everything will be provided for you – glasses, paintbrushes, canvases etc. – as a local artist guides you through the evening, stroke by stroke. Tickets are \$75/each. Note: \$40 of this ticket price will be tax-deductible.

MARIN VILLAGES - We're celebrating our 10th Anniversary!

10 Years Together - Celebrating our Members and Volunteers!!

Sunday, September 8, 3:00-5:00pm

Jason's Community Room, 300 Drakes Landing, Greenbrae

RSVP: <https://marin.helpfulvillage.com/events/1039>

or call the office at 415-457-4633

Join us at this unique event, celebrating the people who have made Marin Villages – YOU! Members, volunteers and guests are invited to this celebratory party to show our appreciation for all the individuals who have helped built the organization. We would appreciate a rsvp, so we can plan for food, beverage and festivities! We hope to see you there.

Mark Your Calendars for other Marin Villages' Events:

October 26 - "Lighting Up October"- a Diwali Dinner Party

Join us to "Light up October" at this special Diwali Dinner Party. Tiburon Peninsula Village volunteer, Neelam Kanwar, herbalist and vegetarian chef, will share her family recipes, enticing each dish with special Indian spices. Attendees will observe as Neelam prepares a special menu, which all will enjoy together.

There will be both chicken and vegetarian entrees, Indian style rice and dal and a salad—plus appetizers and Indian sweets for dessert. The menu will be finalized in July. Space is limited, so sign up early! Call the office or go to our website to sign up!

* Diwali is the festival of lights, celebrated every autumn and one of the most popular festivals of Hinduism. It symbolizes "victory of light over darkness, good over evil and knowledge over ignorance."

November 17 – "Acting Your Age" – Celebrating Marin Villages' 10th Anniversary with comedian Josh Kornbluth

Let's celebrate together!! This fundraising luncheon is the perfect forum to enjoy each other's company, congratulate one another on the incredible organization we've been able to grow over the past 10 years and include friends and family members to help spread the word.

Comedian, Josh Kornbluth, will entertain guests with his "Acting Your Age" set. Call the office or go to our website to sign up!

August 2019 Events at the Corte Madera Library

Citrus Trees: The Basics

Thursday, August 1, 7 pm

Join us to review the basics of selecting, planting, and growing citrus trees in Marin County. This class will focus on lemon, orange, lime, and grapefruit trees. We will also discuss how to deal with citrus tree diseases and pests. The class will be taught by Joe Jennings, a Marin Master Gardener who grows vegetables year-round in his home garden. He graduated from Whitman College and earned an MBA from the University of Washington.

Spiders of Marin

Monday, August 5, 10:30 am – 12 pm

Much maligned, spiders often elicit a negative reaction but there's very little reason to fear our local species and many reasons to appreciate them. Shannon Burke, Marin County Parks Interpretive Naturalist, will discuss what makes these animals so interesting; their important role in ecosystems, the different properties of silk and how it's employed, and the various strategies that spiders use to find a mate, catch prey, and avoid becoming prey themselves. (Shannon will also lead a Spider Walk on August 21! Details at marincountyparks.org)

All Things Apple

Tuesdays, August 6 – 27, 1 – 3 pm

All Things Apple is a series of free, drop-in classes for both beginner and intermediate Apple users. Discover how to get the most out of your Apple computer, iPad or iPhone in these interactive classes. And, learn how to protect yourself from online hackers and create safer passwords.

August Session Topics:

August 6: Siri, Notifications, Tips & Tricks

August 13: Wallet, Files, Apple TV, Books

August 20: iCloud for Syncing, Storage, and Backup

August 27: Camera & Photos

Marin's Coast in an Era of Change

Tuesday, August 6, 7 pm

Marin and the Bay Area enjoy a complicated relationship with our neighbor, the Pacific Ocean. Steven Newton, oceanography professor at College of Marin, explores the ways our proximity to this vast ocean has influenced our history and yielded both benefits and problems. This talk will also explain how predicted changes to the ocean will alter life along our coasts.

Spotlight: Passes to Marin Parks

Check out a Park Pass from your library and explore your local parks without having to pay for entry or parking! Learn more about the three types of passes available and which locations they cover on our website, at <https://marinlibrary.org/parks/>

Adult Coloring

Thursday, August 1, 8, and 15, 10 – 11 am

Wednesday, August 21 and 28, 10 – 11 am

Stay relaxed with this fun, low-stress activity. We provide the coloring books and the pencils!

One-to-One Internet Tutoring

Thursdays, 10 – 11 am

Struggling with your email? Frustrated with searching the Internet? Our tech savvy volunteer provides free one-to-one tutoring on Thursday mornings from 10-11 am. For an appointment, please call the library or sign up at the reference desk.

All programs are free and open to the public.

Twin Cities Village Contacts

Larry Meredith – Chair	(415)-860-2535
Marty Schwarz – Membership	(415)-924-3492
Madelon Thomson – Membership	(415)-572-5154
Mary Wood – Volunteers	(415)-924-8812
Needed! – Programs	(415)-717-0629