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**MARIN VILLAGES**



Our Paths - Our Choices

# San Rafael Village

Assisting Marin's older adults to remain active, connected and independent in the place they call home

## September 2019 Calendar of Events

2019 SEPTEMBER

CALENDAR YEAR

CALENDAR MONTH

SUNDAY

FIRST DAY OF WEEK

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01 <b>Shakespeare at Dominican 4:00</b>	02 <b>Book Chat 2:00</b>	03	04 <b>First Wednesday Coffee - 2:00</b>	05 <b>Dealing with Loss 2:00</b> <b>Mah Jong 2:00</b>	06	07
08 <b>Marin Villages 10th Anniversary Party - Members and Volunteers 3:00</b>	09 <b>Movie Group 4:00</b>	10	11 <b>Membership/ Volunteer Committee 1:00</b>	12	13 <b>Women's Support Group 10:00</b> <b>Program Committee- Cancelled</b>	14
15	16	17	18 <b>Read It Out Loud! 2:00</b>	19 <b>Mah Jong 2:00</b>	20 <b>Steering Committee 1:30</b>	21
22	23	24 <b>Lunch Out! 12:30</b>	25 <b>A Walk with Our Dogs 10:00</b> <b>Great Books Group 12:30</b>	26 <b>Villages Book Club 12:30</b>	27 <b>Memoir Writing Group 2:00</b>	28
29	30	01	02	03	04	05

### Information on San Rafael Village Events for September 2019

**Sunday, September 1. 4:00PM**

**SHAKESPEARE AT DOMINICAN**

“A Midsummer Night’s Dream.” Don’t miss this outdoor theater opportunity! We plan to meet when the gates open 3:00pm to make sure we secure good seating AND enjoy some snacks and social time together. Please feel free to bring something to share. We recommend you bring a cushion to sit on, as seating is “amphitheater.” (Cushions can be rented at the event for \$1.00.) Contact person is Carole Sherick at 415-479-0930. **THIS EVENT IS NOW WAITING LIST ONLY.**

**Monday, September 2. 2:00 – 4:00PM**

**BOOK CHAT**

Book Chat is a gathering to chat about books we have read, enjoyed/or not, with comments and discussion. We do not all read the same book and it is not necessary to have read anything recently. We sometimes exchange books or pass them on through members to the greater reading public, with our individual recommendations. We meet on the first Monday of each month. The meeting will be at Lynn Nebenzahl’s home, 823 Butternut, San Rafael. This group is open to members, volunteers and friends. We look forward to enjoying your company. Please RSVP to Val at [valerie.stilson@sbcglobal.net](mailto:valerie.stilson@sbcglobal.net) or call 415-479-1439 or Harriet at 415-479-7010.

**Wednesday, September 4. 2:00PM**

**FIRST WEDNESDAY COFFEE**

This gathering is always fun and lively. Join friends from San Rafael Village and bring a friend or neighbor. This month’s hostess is Cecelia Thorner, 550 Cedarberry Lane, San Rafael. From US 101, take Lucas Valley exit. From Lucas valley Rd turn right onto Miller Creek Rd. The turn left onto Cedarberry Lane to # 550 on the right. Questions: Contact Joy Bloom at 415-492-8443 or [joy@ejbloom.com](mailto:joy@ejbloom.com)

**Thursday, September 5. 2:00PM**

**DEALING WITH LOSS**

San Rafael Village is expanding its End of Life support and explorations through Dealing with Loss, a six-session support group coming together once a

month. This intimate exchange of like spirited people ready for deep personal **sharing**, support and learning new tools will be facilitated by Jackie Hewitt, who brings more than two decades of grief support to the group. It is a forum to share, support, and encourage each other as we move through one of life's greatest challenges. This group meets on the first Thursday of each month. Space is limited.

Contact Jackie Hewitt at [jackiejoyous@gmail.com](mailto:jackiejoyous@gmail.com) or 707-849-9786 to answer any questions.

**Thursday, September 5 2:00PM**

### **MAH JONG**

A new activity for Marin Villagers! On the first and third Thursdays of the month, beginning in September, Villagers interested in learning/playing Mah Jong are encouraged to sign up and purchase your cards before the first meeting on September 5th. Contact Gail Gifford at 415-456-9466 for more information and to purchase your cards. The group will meet at Mitzi Kemp's home at 2342 Las Gallinas Avenue, San Rafael.

**Monday, September 9 at approx. 4:00PM**

### **MOVIE GROUP**

We meet for late afternoon movie and dinner. On the Thursday before the second Monday of each month (our monthly movie date), those Villagers on the movie-goers list will receive notice of which movie has been selected. If interested in becoming part of this group and receiving monthly notices, contact Joan Hartwell at [joanh@aol.com](mailto:joanh@aol.com) or 415-479-9101.

**Wednesday, September 11 1:00PM**

### **MEMBERSHIP/VOLUNTEER COMMITTEE**

Help us recruit new members and volunteers. Contact Jane Solomons at 415-492-8041 or [cartersolo@comcast.net](mailto:cartersolo@comcast.net) for more information.

**Friday, September 13 10:00-12:00PM**

### **WOMEN'S SUPPORT GROUP**

Donna Posard, a San Rafael Village member, is facilitating this group, which will consist of no more than 10 San Rafael Village women. She has led support groups for several decades. Each participant will be expected to attend

monthly meetings. Each meeting will be on a different topic and suggestions are welcome. **THIS GROUP IS FULL AT THIS TIME.**

**Friday, September 13 1:30PM**

**PROGRAM COMMITTEE**

**CANCELLED THIS MONTH**

**Wednesday, September 18 2:00PM**

**READ IT OUT LOUD!**

Have you read a poem, old letter, journal entry or memoir, maybe a letter to the editor or a special paragraph or two from a novel or biography, or even something you've written yourself? Sometimes these short texts linger and are so thought provoking that one feels the urge to share and discuss them. This group will provide the opportunity to do so. Each member will have about 10 minutes for reading aloud and 10 minutes for group discussion. That's our only guideline, and of course, may be modified according to the group's wishes. This first meeting will be at Val Stilson's house. Interested? Contact Val at [valerie.stilson@sbcglobal.net](mailto:valerie.stilson@sbcglobal.net) or 415-479-1439.

**Thursday, September 19 2:00PM**

**MAH JONG**

A new activity for Marin Villagers! On the first and third Thursdays of the month, beginning in September, Villagers interested in learning/playing Mah Jong are encouraged to sign up and purchase your cards before the first meeting on September 5th. Contact Gail Gifford at 415-456-9466 for more information and to purchase your cards. The group will meet at Mitzi Kemp's home at 2342 Las Gallinas Avenue, San Rafael.

**Friday, September 20 1:30PM**

**STEERING COMMITTEE**

Are you interested in helping guide and further develop San Rafael Village? Do you have organizational and administrative skill you can contribute to the Steering Committee? If so, please contact Sparkie Spaeth at [oksparkie@aol.com](mailto:oksparkie@aol.com) or 415-250-3172.

**Tuesday, September 24 12:30PM**

## **LUNCH OUT!**

Taking advantage of beautiful fall weather, this will probably be our last patio luncheon for the season. In case we are fooled, we can retreat inside to a most welcoming atmosphere. Please join us for the San Rafael Village Lunch Out at Las Guitarras Restaurant, 1017 Reichart Avenue, Novato. We will be seated on their lovely patio with fountain and plenty of shade and umbrellas. They are known for their great margaritas and delicious food. Las Guitarras was established by Elena and Roga Rojas in 1973 and is still family owned and operated. Elena, who was born in Mexico, created most of her recipes to authentically reflect her native country. One happy customer noted, "If you were to order a ginormous bowl of chicken tortilla soup, your life may be complete at the moment you take the last bite."

Please be prepared to pay in cash with a 20% tip. In return we will be given individual checks. Hope to see you there! For questions and to RSVP, contact Valerie Stilson at 415-479-1439 or [valerie.stilson@sbcglobal.net](mailto:valerie.stilson@sbcglobal.net).

**Wednesday, September 25 10:00AM**

## **A WALK WITH OUR DOGS**

Bring your dog to the Hamilton levee for an hour walk along a flat, scenic, dog-friendly path.

We will meet at the entrance to the path at the end of the parking lot by Hanger 7. Please be prompt as dogs don't like to wait! Contact Sparkie to RSVP and for directions at [oksparkie@aol.com](mailto:oksparkie@aol.com) or 415-250-3172.

**Wednesday, September 25 12:30PM**

## **GREAT BOOKS GROUP**

Great Books Club will meet on the fourth Wednesday of each month from 12:30 – 2:00PM at the home of Ginni Saunders. We will discuss the poetry of Christina Rossetti. Our readings are always from the Great Books Conversations 2, available from the Great Books Foundation. If you have questions, please email Ginni Saunders at [ginnisaunders@gmail.com](mailto:ginnisaunders@gmail.com).

**Thursday, September 26 12:30PM**

## **VILLAGES BOOK CLUB**

This Club meets on the fourth Thursday of each month at a member's home. All members and volunteers are welcome to join us. If the meeting goes as it usually does, we will be having a spirited discussion about Code Girls by Liza Mundy. We are an easy-going group who enjoys good discussion and welcome all readers. If you have questions or interest, please call Diane Heath at 415-492-1219.

**Friday, September 27 2:00PM**

### **MEMOIR WRITING GROUP**

Susan Mines facilitates our Memoir Writing Group. This group has been meeting monthly for over 2 years and welcomes new members. Contact Susan at [souzele@comcast.net](mailto:souzele@comcast.net) or 415-479-0351 for more information.

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### **Information on Upcoming Marin Village Events**

**10 Years Together: Member and Volunteer Appreciation Party**

**September 8th 3:00-5:00**

**Jason's Community Room, Greenbrae**

Link with details: <https://marin.helpfulvillage.com/events/1039>

Join us in celebrating the members and volunteers who have made Marin Villages' the vibrant community it has become.

We will be marking our 10th Anniversary milestone and would like to thank those who have made it 'happen.'

Members, volunteers and guests are welcome. Call the office at 415-457-4633 or click the link above to rsvp!!



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